



Mr. Asparagus' Recipes



Asparagus Beef Wrap

Ingredients:

- ◆ 2 tbs. mayonaise
- ◆ 1/4 tsp. dried Italian seasoning
- ◆ 1 large flour tortilla
- ◆ 1 leaf romaine lettuce
- ◆ 2 thin slices mozzarella
- ◆ 2 thin slices shaved roast beef
- ◆ 2 large pieces prepared roasted red pepper
- ◆ 4 spears asparagus (cooked)



Combine mayonaise and Italian seasoning. Spread over one side of the flour tortilla. Layer lettuce, cheese and roast beef. Place red pepper pieces near the center of roast beef. Top with asparagus. Roll up and cut in half.